



THM FOOTBALL ACADEMY

INFORMATION SHEET - January - July 2020

The 2020 season - January to July - will be split into two “blocks” [A & B] for both Wednesdays and Fridays:

Wednesdays:

- A. 14 weeks: 8 January - 22 April; includes 2 “catch up” sessions (pay for 12 weeks)
- | | | | | |
|------------|---|-------------------------|--------|---------------|
| Age 4 - U7 | : | € 6 per week x 12 weeks | = € 72 | [13:00-13:45] |
| Age 7 - 11 | : | €12 per week x 12 weeks | = €144 | [13:00-14:30] |
- B. 9 weeks: 13 May - 8 July; includes 1 “catch up” session (pay for 8 weeks)
- | | | | | |
|------------|---|------------------------|-------|---------------|
| Age 4 -U7 | : | € 6 per week x 8 weeks | = €48 | [13:00-13:45] |
| Age 7 - 11 | : | €12 per week x 8 weeks | = €96 | [13:00-14:30] |

Fridays:

- A. 14 weeks: 10 January - 24 April: includes 2 “catch up” sessions (pay for 12 weeks)
- | | | | | |
|------------|---|-------------------------|--------|---------------|
| Age 4 -U7 | : | € 6 per week x 12 weeks | = € 72 | [15:20-16:05] |
| Age 7 - 11 | : | €12 per week x 12 weeks | = €144 | [15:20-16:50] |
- B. 8 weeks: 15 May - 10 July; no “catch up” session: (pay for 8 weeks)
- | | | | | |
|------------|---|------------------------|-------|---------------|
| Age 4 -U7 | : | € 6 per week x 8 weeks | = €48 | [15:20-16:05] |
| Age 7 - 11 | : | €12 per week x 8 weeks | = €96 | [15:20-16:50] |

PAYMENT CONDITIONS:

To secure your child’s/children’s place on this course, please pay by pin or cash AT THE BAR in The Hungry Mind clubhouse. Payment can be made during clubhouse hours. **Payments will be separate for Blocks A and B, on both Wednesdays and Fridays.**

Once payment has been received, you will be issued with a payment receipt which you must keep with you as proof of payment. Please show the coach your receipt on the first day of your child joining the course.

NB: Payment is to be paid up front, in full. There will be NO REFUNDS for sessions missed. However, should a session have to be cancelled due to weather, etc., “catch up lessons” will be held in the last two weeks of the season.

ABOUT THE TRAINING:

THM football training program is designed to put fun at the heart of learning, open to all abilities from 4 to 11 years of age, boys and girls, regardless of experience. Every player will be taught the four core technical principles: control, passing, shooting and dribbling. Training sessions are held in blocks of 14 (Wednesdays) or 9 weeks (Fridays) [depending on the calendar] so they continually develop in a fun and welcoming environment overseen by our professional children's Football Coach (and ex-professional football player) **Dennis Christiaanse**. The duration of training sessions are suitable for the age range of the child.

BENEFITS:

Teamwork - from passing to scoring a goal, football teaches children how to work together as a team.

Regular activity - getting them into a routine of weekly training means your child exercises regularly, making them healthier and happier.

Improved coordination and concentration - football trains your brain to coordinate your body and to concentrate on your helping your team score.

Fun - the unmistakable feeling when your team scores a goal, or you celebrate a win, football is fun to play and watch.

WHAT TO BRING:

Equipment may vary depending on the age of your child. We recommend that all children bring their own shin pads and wear sports clothing that they can move freely in. For the winter season long sleeves, gloves, long pants, hats. For summer, t-shirts shorts and long socks Don't forget to also bring a water bottle as there will be breaks to keep your child hydrated.

MEETING PLACE:

We will meet at (the all-weather) Field #3 (at the side of Die Haghe club building). All children should arrive 5 minutes early, to allow for Registration.

THM TEAM