



Hi! My name is Angela and I am your new Zumba Teacher.

I would like to invite you to join me every Friday morning for Zumba, from 9:00 am – 10:00 at the Hungry Mind.

My mission is to help you get in touch with the happy healthy you.

I have had the pleasure of living in various countries and have learned a lot along the way. In all the countries that I have lived, I would look for Zumba classes. These classes always made me feel right at home and helped me to meet and make new friends!

That's why I'm very orientated to the ex-pat community. I know how it feels living in a new country - it's not easy!. Now you can come to my Zumba class, where you can make new friends and experience a class full of love, energy and fun.

I love to bring you that spicy Latin flavor that will bring you the heat, even on the coldest days of the Dutch winter! So, what are you waiting for sign up! I am super excited to meet you.

Places are limited so sign up early to avoid disappointment.

thehungrymind.nl/activities/signup/

