

Japanese Calligraphy



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Hello. My name is Makiko. I'm Japanese and I've taught Japanese culture and language both individually and in international schools.

Japan has lots of great culture such as *judo*, *sado*(tea-ceremony), and *shodo*(calligraphy). “Do” means the way. “*Shodo*” is a way that leads to life’s meaning and eternal truth with “artistic handwriting or beautiful writing.”

Calligraphy is one of the most spiritual and powerful forms of art. Each letter reflects a person’s mind, vision, thoughts and energy. Every line, dot and even the empty spaces are meaningful with their balance, size and the amount of ink used. It is important to purify your mind and soul in order to express each word’s power with its character.

Let’s enjoy this dynamic and delicate *calligraphy* with the unique movement of brush, rhythm and energy. I hope you’ll find your hidden thoughts and passion through *calligraphy* and improve your concentration and mental strength!!

Classes run every **Fridays** from **10:30–11:30** in the Yellow room. You can also visit my Facebook, [Maki Japanese Kalligrafie](#), or Instagram [@makikuda](#) and find out what Japanese calligraphy looks like!

For further information and to register, visit our website at www.thehungrymind.nl.